

Intramural Sport Schedule

Qigong with Dr. Santee
Location: Henry Hall Courtyard

Every Friday

Begins January 18
12:30pm-1:20pm

Walk-Ins Welcome



VOLLEYBALL

Register Teams between 1/14-1/25

Location: Top Courts
Time: 5:30pm - 7:30pm

- Thursday, January 31
- Thursday, February 7
- Thursday, February 14
- Thursday, February 21

Circuit Training

Register between 1/11-1/22

Location: Top Courts
Time: 6:00pm - 7:00pm

- Wednesday, February 27
- Thursday, March 7
- Wednesday, March 13



BASKETBALL

Register Teams between 2/25-3/20

Location: Top Courts
Time: 5:30pm - 7:30pm

- Thursday, March 21
- Thursday, March 28
- Thursday, April 4
- Thursday, April 11

YOGA

Register between 4/1 - 4/12

Location: Vi & Paul Loo Student Center
Time: 6:00pm - 7:00pm

- Thursday, April 18
- Thursday, April 25
- Thursday, May 2



Register in OSAL (Ching 106) & Receive Weekly Updates
Free to Chaminade Students, Faculty and Staff
All Skill Levels Are Welcome